

NOVEMBER 2024

In-Stitches Newsletter

Volume 2024-11



HELLO FROM FCS AGENT, DEBBIE SHEPHERD

Our November In-Stitches Quilt Class has been scheduled for Friday, November 15, 2024, at 10:00 a.m. ET. In this class we will be working on a fun and easy project for the holidays “In the Pines.” Please let us know if you will be attending by contacting the Extension Office at 606-348-8453. You can also email Joy, Vicki, or me.

Happy Stitching

Debbie.Shepherd@uky.edu

Joy.McGinnis@uky.edu

Vicki.McDonald@uky.edu

Cooperative Extension Service

Wayne County

Debbie Shepherd, CEA FCS

255 Rolling Hills Blvd.

Monticello, KY 42633

Phone: (606) 348-8453

Fax: (606) 348-8460

wayne.ca.uky.edu

debbie.shepherd@uky.edu

Facebook: Wayne County Cooperative

Extension Family and

Consumer Sciences

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November's Class ~ "In the Pines"

Friday, November 15, 2024 @ 10:00 a.m.

Wayne County Extension Office

Downstairs Meeting Room

Please arrive by 9:30 a.m. to start setting up your sewing station. Class will begin at 10:00 a.m. prompt!

Please register so we can be prepared for you.

Don't forget your items for Show & Tell!

Let's get ready for the Holidays with this fun and easy project! So many options for different colorways to fit your personal style.

This project also lets your creative side soar. You can "decorate" your tree with bobbles, ribbons, bow, buttons, and more. Let's get your Holiday creative jolly on! This project measures approximately 27"x32" ~ perfect Holiday wall hanging size.

First Background	¼ yd	
Tree Green	¼ yd	
Second Background	½ yd	
First Border	¼ yd	
Second Border and Binding	⅞ yd	
Backing	1 yd	
Batting	34" x 40"	27" x 32"
Embellishments		
Star	(1) 2¾" purchased appliqué or (1) 3½" square red fabric	
Paper Backed Fusible Web	(1) 3½" square for fabric star only	
Ribbons for Gifts	(2) ¼" ribbon 8" in length	
Gifts	Scraps of Red, Blue, Light Green and Dark Green	

***Note: bring as many embellishments as you'd like your tree to have!**

Other needed supplies:

Sewing Machine in good working order

Hand sewing needle and thread for embellishments

Basic Sewing notions: sewing machine thread, scissors, pins, etc..

Small to medium cutting mat if you have one

Rotary cutter if you have one

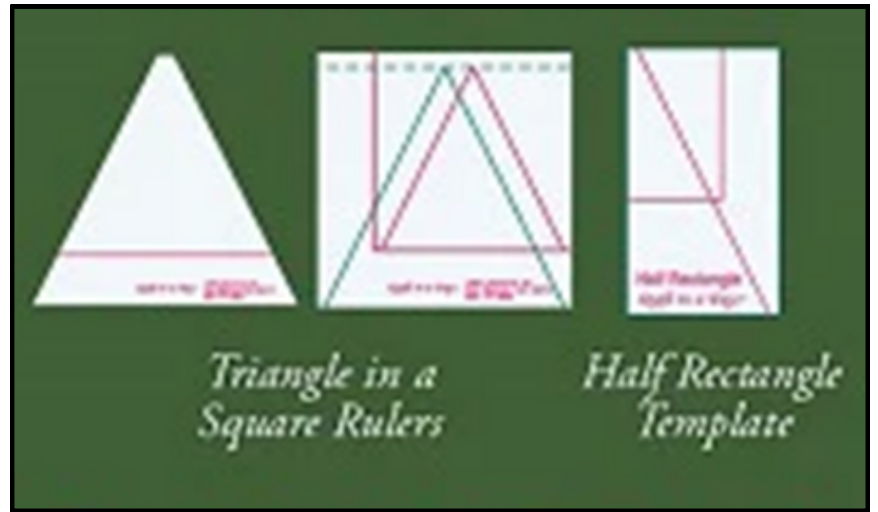
****Extension Office will provide the fusible web.**

IF ~ you need the pattern and/or rulers, class registration will be:

Pattern: \$ 4.50

Triangle in a square ruler set: \$10.50 (most of you may already have this one from previous classes)

Half Rectangle Template: \$ 4.50



As always, if this is not the project for you, please bring a project to work on and come join us for the day!

Lunch for November's Class - We will be providing Homemade Mac & Cheese & Drinks

We will need:

- Any other sides
- Desserts

If you have had the safe food handling class, please feel free to bring a dish to share. If you haven't, please feel free to bring something pre-packaged or prepared. You are also very welcome to bring your own lunch. We will provide drinks. If you have the recipe for what you bring, please bring it and give it to Vicki so we can share it in the next newsletter.





Holiday Sewing Class

This is a machine applique class.

Tuesday, November 12th

10am – 3pm

Downstairs Meeting Room

Registration: \$ 10

(Homemakers receive \$5 discount.)

MUST REGISTER!

Skill level – All (beginners can do this!)

Participants need to bring:

- Sewing machine in good working order (machine needs to be able to do blanket stitch or zig-zag or any other decorative stitch of your choice).
- Applique sewing machine foot for your machine and a regular stitch foot.
- Basic sewing supplies: thread, scissors, pins, etc.

Fabrics and fusible web will be provided. All other supplies are provided. You are welcome to bring your own specialty fabric if you would like.

Please see options available. Select your option when you register. Some fabrics may vary depending on availability. Additional kits are available upon request. Please request additional kits at registration. Additional registration fee will apply.

Options:

- Pumpkin
- Turkey
- Snowman
- Santa

Please bring your own lunch (refrigerator & microwave available) or plan to utilize one of Monticello's many restaurants.

Small Drawstring Bag

Gin Beam
Wayne County
Extension Homemaker

Needed: 2 coordinating fabrics $\frac{1}{2}$ yd. each

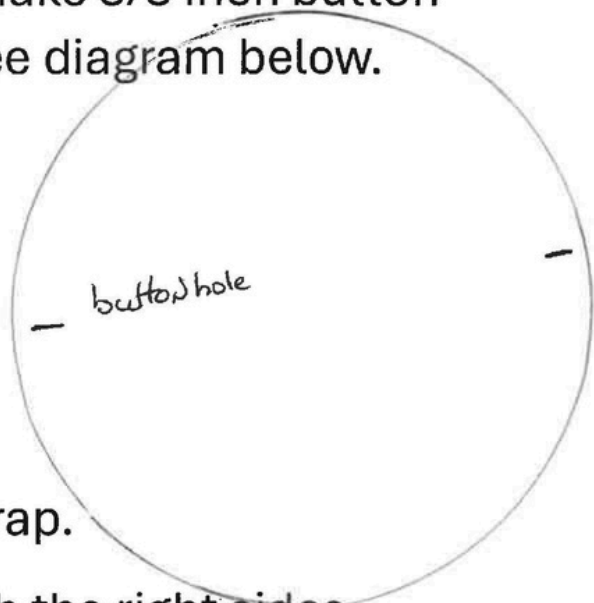
1 $\frac{1}{2}$ yd of $\frac{1}{4}$ inch ribbon

Thread

Scrap of quilting batting to cut 3 inch circle

Out of each piece of fabric cut a 13 $\frac{1}{2}$ circle and a 10 $\frac{1}{2}$ inch circle. You should have 2 large circles and 2 small circles. Choice one of the large circles to be the outside of the bag. On this circle one inch from the edge make $\frac{3}{8}$ inch button holes on opposite side of the circle. See diagram below.

1" from the
Edge of fabric
Perpendicular
to the edge

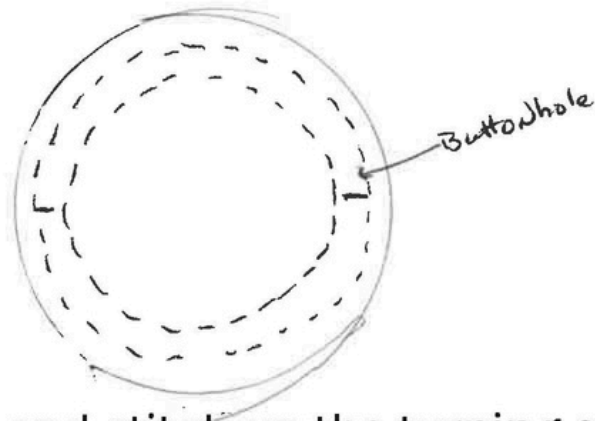


Cut a 3 inch circle out of the batting scrap.

Place the two large circles together with the right sides facing each other. Sew around the circle with a $\frac{1}{2}$ inch seam from the edge. Leaving a 1 $\frac{1}{2}$ - 2 inch opening for turning the circles.

Place the two small circles together with the right sides facing each other. Sew together with $\frac{1}{2}$ inch seam from the edge with the right sides facing each other. Leaving a $1\frac{1}{2}$ - 2 inch opening for turning the circles.

After the large circle is turned top stitch around the circle just above and below the buttonholes. See diagram below.



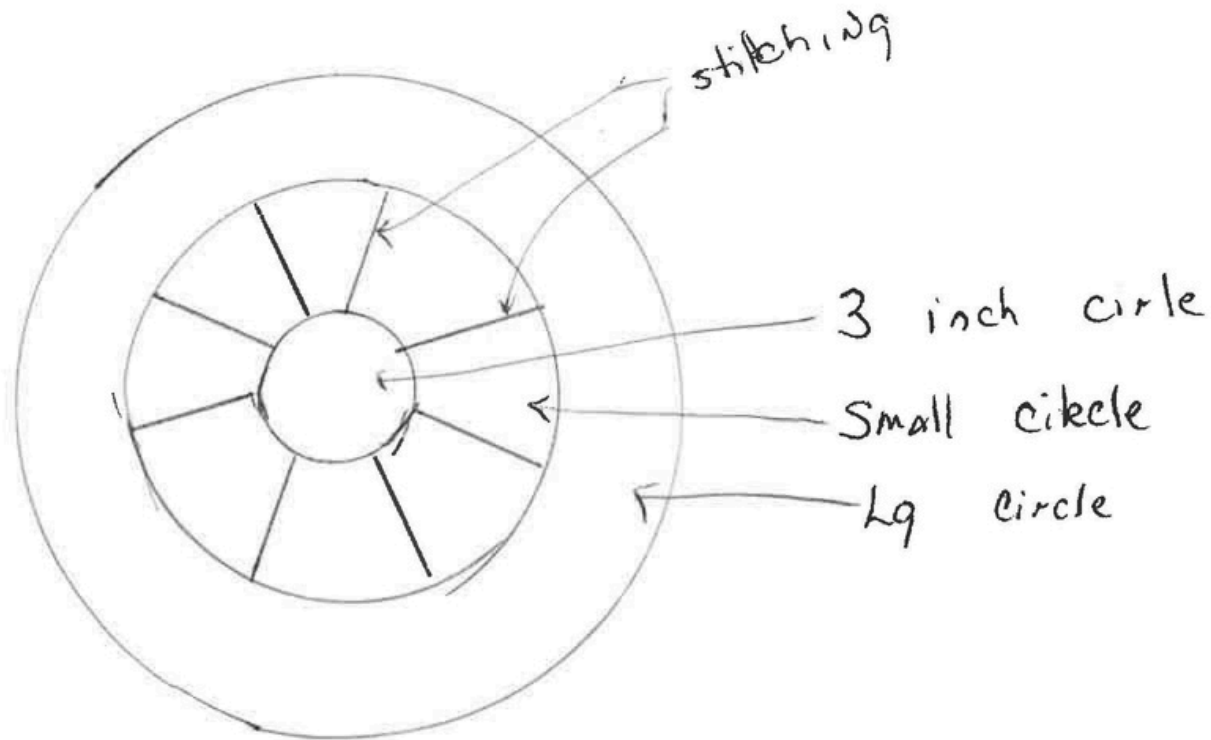
*Artist I am not
Diagram not to scale*

Turn both circles and stitch up the turning opening. Press both circles being sure the sides are smooth and the seams are flat.

Place the large circle down and place the 3 inch batting circle in the center. Place the smaller circle in the center of the large circle covering the batting circle. When all circles are centered pin in place.

Using a decorative stitch of your choice stitch around the outside of the batting circle through all fabric. Look at your project as a pie shape and cut the pie into sections similar to a pie; stitch from the seam around the batting to the edge of the smaller circle using the same decorative stitch. See diagram below. (SEE Back page

Cut your ribbon into 18 inch pieces and run through the buttonholes. One strand should run from one button hole and the other strand from the other button hole. Use the ribbons as a draw string. Knot the ends together at each button hole. Draw the bag up into a cute little bag.



Cute little drawstring bag with pockets inside for jewelry, trinkets, etc.



A Stitch in Time: History of Vintage Quilts

Joy McGinnis



FCS Program Assistant



Patchwork quilts began with the first settlers out of necessity to reuse and repurpose materials.

These quilts were pieced together to form designs or just as a scrappy quilt. The pieces needed to be precisely cut and sewn together.

Bed covers had to be made in quantity. Drafty houses, or dugout houses carved into sod required many quilts to provide warmth during the bitter cold winters.

Money was scarce, and cloth was expensive. So, what seemed like worthless scraps of cloth from worn clothes or salvaged from clothes making, were pieced together to useable pieces of fabric that became one side of the quilt.

These quilters developed several patterns that became part of folk tradition. These patterns have names that reflect elements of everyday life, such as Log Cabin, Flying Geese, Drunkards' Path, Lone Star, Bear's Paw, Broken Dishes, and Windmill to name a few.





The Wayne County Extension Office will be closed on **Tuesday, November 5, 2024** for Election Day.



Warning:
This vehicle stops at all fabric shops.

Debbie Shepherd

Debbie Shepherd
Wayne County Extension Agent
for Family & Consumer Sciences
DS/vm



Scan the QR Code to learn more about our services offered.



Website:
wayne.ca.uky.edu



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