



*June 2024
In-Stitches
Newsletter*

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Hello - Our June In-Stitches Quilt Class has been scheduled for Wednesday, June 26, 2024, at 10:00 a.m. Please let us know if you will be attending by contacting the Extension Office at 606-348-8453. You can also email Joy, Vicki, or me.

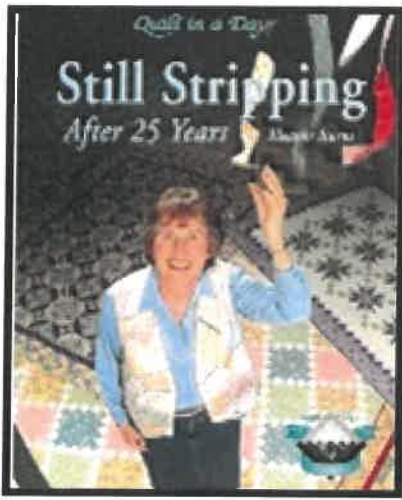
Happy Stitching! Debbie

Debbie.Shepherd@uky.edu

Joy.McGinnis@uky.edu

Vicki.McDonald@uky.edu





Sit & Sew

Wednesday, June 26, 2024 @ 10:00 a.m.

Wayne County Extension Office

Downstairs Meeting Room

Please arrive by 9:30 a.m. to start setting up your sewing station.

Class will begin at 10:00 a.m. prompt!

Please register so we can be prepared for you.

Don't forget your items for Show & Tell!

- Reminder: This is a date change from our regular scheduled meeting.
- We will be finishing up our Seminole Border and answering any questions.
- We will be wrapping up our 2023-2024 program year.
- Come and bring your unfinished projects for a fun day!
- As always, if this is not the project for you, please bring something of your choice and join us for a fun day of sewing and fellowship!
- If you have had the safe food handling class, please feel free to bring a dish to share. If you haven't, please feel free to bring something pre-packaged or prepared. You are also very welcome to bring your own lunch. We will provide drinks. If you have the recipe for what you bring, please bring it and give it to Vicki so we can share it in the newsletter.



July begins our NEW PROGRAM YEAR!

July 17th ~ 10 a.m.

We will be learning the basics of curved piecing!

Fabric needed:

1/2 yard background fabric

1/2 yard focus fabric

1/2 yard coordinating fabric



July 22nd - 10am - 3pm downstairs meeting room

Basic Fabric Tote Bag Class - Must register!!

Skill level - All (beginners can do this!)

Participants need to bring:

Sewing machine in good working order

Basic sewing supplies: thread, scissors, pins, etc.

Fabric:

1/2 yard focus fabric

1/2 yard coordinating fabric

1 yard medium or heavy weight fusible interfacing

2 yards coordinating belting strapping

One coordinating elastic hair tie

Two coordinating LARGE buttons

Coordinating thread for top stitching

1 plastic (inexpensive) kitchen cutting board (the thin plastic kind like we sometimes give away in cooking classes.... Can be found at dollar stores and Walmart...)



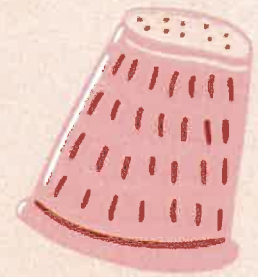
This tote bag is super cute and reversible!

Please bring your own lunch (refrigerator & microwave available) or plan to utilize one of Monticello's many eateries.

Extension Office will be closed.



Upcoming Classes



August 21st
Metro Rings Quilt
Part I



September 18th
Metro Rings Quilt
Part II

October 16th
Metro Rings Quilt
Part III (if needed)
or Sit & Sew



**Kentucky
Master Volunteer in[®]
Clothing Construction**



Marcia Potts

Extension Master
Clothing Volunteer
Taylor County
Class of 2012

Tuck-Away-Tote

This full sized tote bag tucks away into a corner pouch and looks like a strawberry when not in use. These make super gifts for young and old. See enclosed instructions.





**A Stitch in Time:
History of Vintage
Quilt Blocks
Signature Star
Double Anchor
Nine Patch**



Joy McGinnis



FCS Program Assistant

Friendship quilts sprung up around 1840. Sometimes they were made with different blocks, and sometimes they were made using the same block. A friendship block unusually had a white or light piece of fabric in the center that was signed and/ or dated. Favorite sayings or poems were sometimes added. Other blocks were also used in friendship quilts.

These blocks were also used in quilts to use as a fundraiser. Church groups, communities, graduating class, wartime events and many other projects.

Unlike most historic quilts which feature no makers' name or attribution, friendship quilts typically present contemporary researchers with a treasure trove in the form of names inked or stitched into the blocks. Many also include place names and dates, making it even easier to establish a quilt's origins and perhaps even the makers' motivations.

Source: The Quilt Block Bible and Quilting in America-History of Quilts



**It is not too early to start planning for
Wayne County Fair EXPO!
Entry Day ~ Monday, July 1st
8:30 a.m.-1:00 p.m.
Stop by the Extension Office to pick up
an EXPO Catalog.**

A great Shop Hop outing with our "In-Stitches" class!



Debbie Shepherd

Debbie Shepherd
Wayne County Extension Agent
for Family & Consumer Sciences
DS/vm



Website:
wayne.ca.uky.edu



**Wayne County Cooperative Extension
Family and Consumer Sciences**



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Disabilities
accommodated
with prior notification.

Tuck-Away-Tote

This full sized tote bag tucks away into a corner pouch and looks like a strawberry when not in use. These make super gifts for young and old. Use your imagination and change the fabric colors to create other fruits or vegetables and make your next trip to the market more fun.

Materials needed for 14 x 16 inch tote bag:

- ½ yard for tote bag
- ¼ yard for corner pouch
- 28 inches of drawstring cording
- One cord stopper

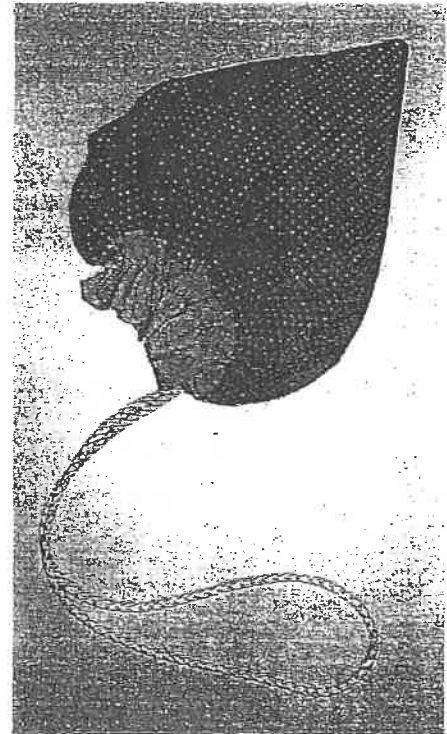
All fabrics should be light weight but durable. The example was made with woven cotton for the outer corner fabric and Rip Stop nylon for the tote bag, handles and casing.

From the tote bag fabric cut:

- Bag – Two 15 by 18-inch pieces
- Bag handles – Two 18 x 3½-inch pieces
- Casing (strawberry top) – Two 11 by 3-inch pieces

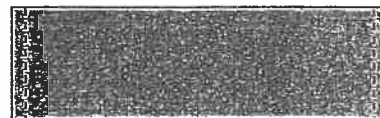
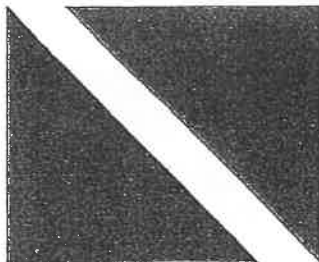
From the corner pouch (strawberry) fabric cut:

- One 9-inch square of red fabric



Instructions:

1. Cut the 9-inch piece of red fabric in half on the diagonal to create two triangles.
2. Fold both short ends of casing rectangles to make a ¼-inch double turned hem and stitch.



3. Fold casing rectangles in half wrong sides together, matching raw edges. Stitch $\frac{3}{4}$ inch away from the folded edge for the length of each rectangle.

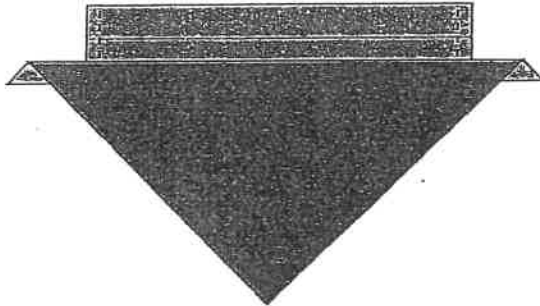


Folded edge

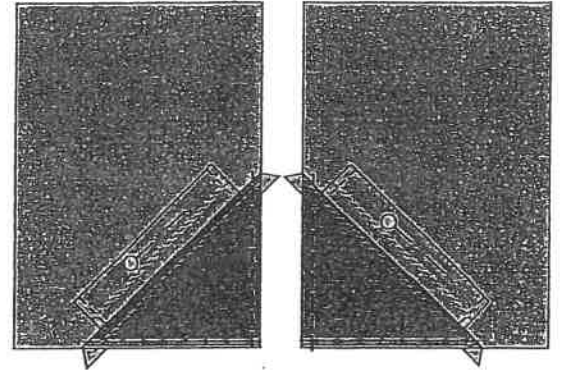
4. Center each casing, right sides together along the long edge of each triangle. Sew casing to triangle with $\frac{1}{4}$ -inch seam.



5. Finger press seam toward the triangle along stitching line.



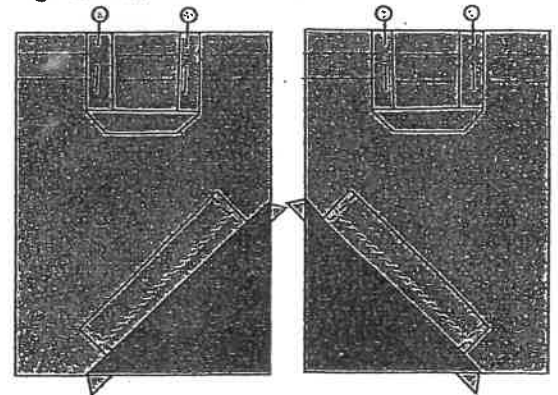
6. Place the triangles on the bottom corners of the front and back bag pieces. Pin the casings to the bag fabric. Baste corners $\frac{1}{4}$ " from the edges. Topstitch the diagonal folded edge of each triangle to the bag fabrics.



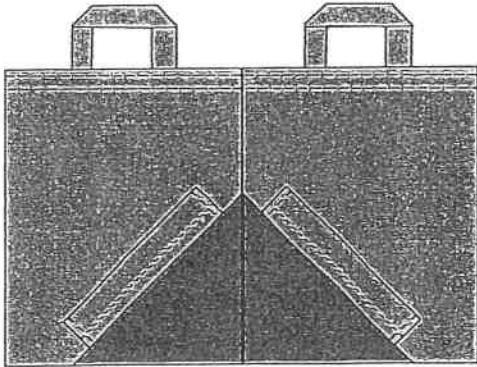
7. Make the straps by folding them RST so long edges are even and stitch with a $\frac{1}{4}$ -inch seam, leaving ends open for turning. Turn strap right side out and press.

8. Turn top edge of front and back pieces to the wrong side $\frac{3}{4}$ " and press the fold. Fold under a second time, $\frac{3}{4}$ " and press. Unfold pressed lines.

9. Center the straps along the upper edge of the bag pieces with edges of the straps $4\frac{1}{2}$ inches from the bag sides. Pin and baste in place. Refold along the pressed creases to form the top hem. With handles folded towards the bag top, topstitch close to top edge and lower fold of each hem.



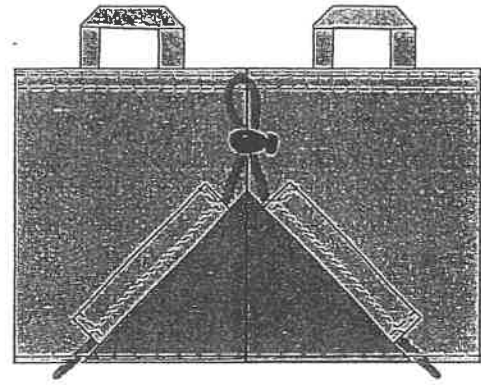
10. Trim the edges of the corner pouch even with the bag edges. Sew bag together with a French seam along the side with the triangles. (A French seam is sewn by sewing the wrong sides together $\frac{1}{4}$ " from the edge; trim seam allowance to $\frac{1}{8}$ "; fold along the seam with right sides together; stitch again $\frac{1}{4}$ " from the folded seam edge.)



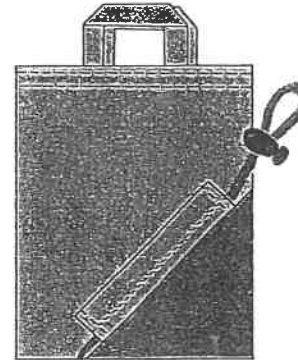
11. Insert drawstring cord in the cord stop. Move the cord stop to the middle of the drawstring.



12. Using a safety pin, if needed, feed each end of the drawstring through the casing formed by the topstitching on each of the green rectangles and the seam lines. Allow about 1 inch of the drawstring to extend beyond the bottom of the bag. Pin the cord at lower edge and secure by stitching $\frac{1}{4}$ " from the fabric edges



13. Complete bag by sewing the remaining sides together with a French seam.



14. Tuck bag into corner and pull drawstring to secure when not in use as a tote bag.

Loretta Haley, CMCV

Marjorie M. Baker, M.S.
Extension Associate for Clothing and Textiles

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Agriculture and Natural Resources • Family and Consumer Sciences • 4-H Youth Development • Community and Leadership Development

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