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Cooperative Extension Service

Wayne County

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What's New

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Hello - Our January In-Stitches Quilt Class has been scheduled for Wednesday, January 24th, at 10:00 a.m. Please let us know if you will be attending by contacting the Extension Office at 606-348-8453. You can also email Joy, Vicki, or me.

Happy Stitching! Debbie

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**Cooperative
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Agriculture and Natural Resources
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Still Stripping - Love the Log Cabin

Wednesday, January 24th @ 10:00 a.m.

Wayne County Extension Office

Downstairs Meeting Room

Please arrive by 9:30 a.m. to start setting up your sewing station.

Class will begin at 10:00 a.m. prompt!

Please register so we can be prepared for you.

Don't forget your items for Show & Tell!

Over the next few months, we will be doing various quilt projects from “Still Stripping” book by Eleanor Burns, Quilt in a Day.

The “Still Stripping” book is available at the Extension Office at the discounted price of \$15.00. You will need to purchase the book prior to class.

- You will need to go to pages 29-31 to be prepared for the class.
- Pages 30-31 will help you decide what size you want your project to be, needed fabric for the size you choose, etc.
- Please come to class prepared with the fabric you need for the size you choose.

We will be learning techniques for cutting and creating this quilt project. Laurie will be teaching how to create the rounded heart tops applique style, and I will be teaching how to do the rounded tops via the curved piecing technique. You can choose which technique works best for you. Please feel free to contact Laurie or me if you have any questions or need help prior to the class.

February 21, 2024 - Still Stripping Nine Patch Party We will be sharing additional information about our February class and other upcoming spring classes at our January meeting.

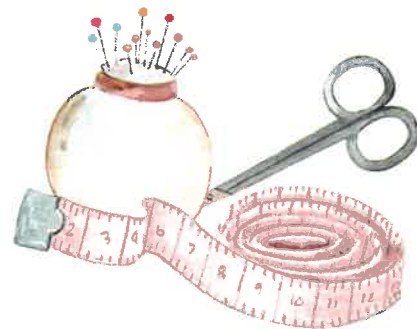


Please let us know if you are attending the Jabez Quilt Seminar in Cave City.

As always, if this is not the project for you, please bring something of your choice and join us for a fun day of sewing and fellowship!

If you have had the safe food handling class, please feel free to bring a dish to share. If you haven't, please feel free to bring something pre-packaged or prepared. You are also very welcome to bring your own lunch. We will provide drinks. If you have the recipe for what you bring, please bring it and give it to Vicki so we can share it in the newsletter.

Please call the Extension Office at 606-348-8453 to register so we can be prepared for you.





Butter Pecan Cake

Submitted by: Bethe Bryant



Ingredients

- 1 Butter Pecan Cake Mix
- 1 can Coconut Pecan Frosting
- 1 cup chopped pecans
- 3 eggs
- 1 cup water
- 3/4 cup oil

Instructions

- Mix all ingredients with a spoon (NO MIXER!)
- Pour into greased Bundt pan.
- Bake at 325 degrees for 60 minutes.

Enjoy!



Good Morning Cake

Submitted by: Deanna Hammond



Ingredients & Instructions

- Mix together:
1 cup (sifted) self-rising flour, 1 cup sugar, & 1 cup brown sugar
- Mix the following into flour and sugar mixture:
2 Tbsp. cinnamon & 1 tsp. cloves
- Beat 4 eggs and add to bowl. Then add 1/2 cup oil and mix well.
Add 1 cup chopped nuts (pecans or walnuts) and mix well.
- Pour mixture or spoon mixture (batter should be thick like brownie batter) into a greased 9x13 pan.
- Bake at 400 degrees for 30 minutes or until done.
- Let cool at least 10 minutes before cutting.
- Recipe can be cut in half and use 8x8 pan.
- I topped cake with cream cheese icing.

Enjoy!



Orange Pumpkin Cake

Submitted by:
Bethe Bryant

Ingredients:

- 1 box Spice Cake Mix
- 2 eggs
- 2/3 cup canned pumpkin
- 1/3 cup water
- 1/3 cup undiluted frozen orange juice

Directions:

- Prepare spice cake as directed on the box, using the 2 eggs and substituting pumpkin, water, and orange juice for the specified liquid. (The 2 eggs listed above are the ones listed on the cake box~NOT additional ones.)
- Grease and flour a 10-inch tube pan or Bundt.
- Pour in batter and bake 50-60 minutes at 350 degrees or until cake shrinks from sides of pan. Cool and glaze with Orange Glaze.

Orange Glaze:

- 1 cup powdered sugar
- 1 Tbsp. or more undiluted frozen orange juice
- Blend sugar with orange juice to make a fairly thin paste.
- Drizzle over cake, letting it drip down sides.

Source: KY Monthly Magazine ~ October 26, 1969

Enjoy!

Submitted by:
Bethe Bryant

SOUTHERN CORNBREAD SALAD

SERVES 10-12

- 6 cornbread muffins crumbled (you can use *The Southern Lady Cooks* recipe, a cornbread mix or your own recipe)
- 1 small onion, chopped (can use green onions or purple onions)
- 1 large green bell pepper, chopped
- 1 15.5-ounce can dark red kidney beans, drained and rinsed (can use pinto beans or any kind you prefer)
- 6-8 slices bacon, cooked and crumbled (can use ham or just about any cooked meat)
- 1 cup fresh corn kernels, cooked (can use frozen or canned)
- 1 small cucumber, peeled and chopped (can add pickles)
- 3 large tomatoes, chopped
- 1 cup shredded cheese (I use sharp cheddar)
- $\frac{2}{3}$ cup mayonnaise or Miracle Whip
- $\frac{1}{2}$ cup ranch dressing
- $\frac{1}{2}$ teaspoon black pepper
- $\frac{1}{2}$ teaspoon salt
- Pinch cayenne pepper (optional)

1. Layer the first nine ingredients in a large salad bowl. Combine the mayonnaise and ranch dressing with the salt and pepper. Mix into the salad.
2. Place salad in the refrigerator for several hours or overnight before serving. Makes 10 cups.

NOTE: You can add olives, boiled eggs and any spices you like. You can just use ranch dressing, mayo or any combination of salad dressings. This is a wonderful dish to take to gatherings or picnics.



Joy McGinnis



FCS Program Assistant

A Stitch in Time: History of Vintage Quilt Blocks

Crazy Quilt

The Crazy Quilt is probably the oldest of quilt patterns. Early quilters used any scrap or remnant available, regardless of its color, design, or fabric type. Worn out clothing, women's calico dresses, men's pants and shirts, household linens, and other oddly shaped fabric scraps were fitted and stitched together. The result was a hodgepodge of color, and a quilt with a story behind each scrap. Making utilitarian quilts fell out of favor in the late 1800's and early 1900's as American became more industrialized and technology brought improvements to the home. The Crazy quilts or throws of this era featured rich colors and textures and were used to decorate the parlor. Skills in fine embroidery was emphasized. Victorian quilters filled their quilts with bits and pieces of their personal past; a piece of father's vest, a husband's tie, lace from a wedding veil, or ribbons commemorating political events.

Wild Goose Chase

Nature was an obvious and rich source for quilt patterns. There are numerous patterns named for trees, flowers, animals, and birds. The homesteaders watched the migration of flocks of geese and created quilts with that in mind. Although the triangle shape is used in hundreds of other quilt designs, in this quilt block, triangles represent the geese. Pioneer women expressed their artistic abilities and creativity in the way they arranged the triangles or geese, and in the colors they used. That may be one reason why the Wild Goose Chase pattern has at least 14 variations. Other patterns that reflect nature include Bear Paw, Dove in the Window, Hen and Chickens, Dogwood, and Sunflower. Quilting was not just a woman's activity. Over the years, men have also been quilters. In fact, when they were boys, at least two presidents, Calvin Coolidge and Dwight D. Eisenhower, helped their mothers piece quilts.



Wayne County Extension Homemaker Cultural Arts Competition

Our Extension Homemaker Cultural Arts competition is coming up at the Wayne County Extension Office in February. There is a wide variety of categories offered, so please enter your handcrafted items. Items must have been completed during the last 2 years. The first-place winners will advance to the Area Cultural Arts Competition. **All homemakers that paid dues by the December 1, 2023 deadline are eligible to enter.** We want your best. Stop by the Wayne County Extension Office to pick up a list of exhibit categories. The schedule is as follows:

- Wednesday, February 14, 2024 - Entry Day - 9:00 a.m.-1:00 p.m. - Upstairs Meeting Room
- Thursday, February 15, 2024 - Viewing Day - 8:00 a.m-4:30 p.m.
- Friday, February 16, 2024 - Pick-up Day - 8:00 a.m.-12:00 noon.



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DS/vm



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