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Cooperative Extension Service

Wayne County

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Consumer Sciences



*August 2023
 In-Stitches
 Newsletter*

What's New

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Hello - Our August In-Stitches quilt class has been scheduled for Wednesday, August 16th, at 10 a.m. Please let us know if you will be attending. We have a new phone system. You should be able to leave a message on our voicemail now. You can also email Joy, Vicki, or me.

Happy Stitching! Debbie

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Vicki.McDonald@uky.edu





Unwinding Binding!

Wednesday, August 16th @ 10:00 a.m.

Wayne County Extension Office

Downstairs Meeting Room

Please arrive by 9:30 a.m. to start setting up your sewing station.

Class will begin at 10:00 a.m. prompt!

Please register so we can be prepared for you.

We will be demonstrating and sharing samples of a variety of types of binding styles and techniques.

If you have a sample ready to practice binding on, please bring it to class. Border designs and options will also be shared. Demonstrations on scalloped and curved borders will be shown too! We will be answering any final questions and needs you might have for the El's Kitchen project

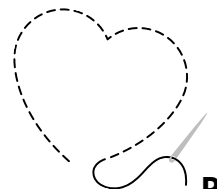
As always, if this is not the project for you, please bring something of your choice and join us for a fun day of sewing and fellowship!

If you have had the safe food handling class, please feel free to bring a dish to share. If you haven't, please feel free to bring something pre-packaged or prepared. You are also very welcome to bring your own lunch. We will provide drinks.

Recipes from the last meeting: If you have the recipe for the dish that you brought, please bring it and give it to Vicki so we can share it in the newsletter.



Don't forget your items for Show & Tell!





STRAWBERRY CAKE

SUBMITTED BY: BETHE BRYANT

INGREDIENTS:

- White cake mix
- 3 Tbsp. flour
- 3 oz. Strawberry Jello mix
- 1/2 cup strawberries
- 4 eggs - room temp
- 1/2 cup water
- 3/4 cup salad oil

INSTRUCTIONS:

- In a mixing bowl, empty cake mix, flour, and Jello mix. Mix well.
- Add ingredients in order given and mix well.
- Bake at 350 degrees in 9x13 pan 40-45 minutes.

ICING:

- 1 box powdered sugar
- 1/2 cup strawberries
- 1 stick margarine - room temp
- Mix and blend until smooth. Apply icing after cake is cooled.

NOTES: You can smash or puree strawberries if you wish.
This cake gets better the longer it sits!



CREAMY BLUEBERRY GELATIN SALAD

SUBMITTED BY: BRENDA GUINN

INGREDIENTS:

- 2 pkg. (3 oz.) each grape gelatin
- 2 cups boiling water
- 1 can (21 oz.) blueberry pie filling
- 1 can (20 oz.) unsweetened crushed pineapple, undrained

Topping:

- 1 pkg. (8 oz.) cream cheese, softened
- 1 cup (8 oz.) sour cream
- 1/2 cup sugar
- 1 tsp. vanilla extract
- 1/2 cup chopped walnuts

INSTRUCTIONS:

- In a large bowl, dissolve gelatin in boiling water. Cool for 10 minutes. Stir in pie filling and pineapple until blended. Transfer to a 13x9-inch dish. Cover and refrigerate until partially set, about 1 hour.
- For topping, in a small bowl, combine the cream cheese, sour cream, sugar, and vanilla. Carefully spread over gelatin; sprinkle with walnuts. Cover and refrigerate until firm.

UPCOMING EVENTS



The Quilt Show of the Little Mountains

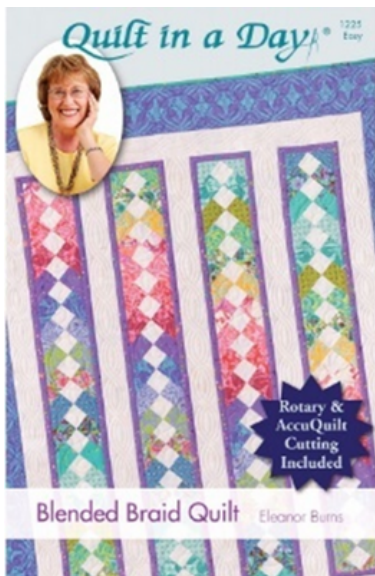
Friday, September 1, 2023 - 9 a.m.-5 p.m. EDT

Saturday, September 2, 2023 - 9 a.m.-4 p.m. EDT

Admission: \$5 Per Person & Children Under 12: FREE



The quilt show is hosted annually by the Contented Heart Quilt Guild at the Aspire Center in Monticello, Kentucky. The show features: Juried quilt contest with ribbons and cash prize awards, block contest with ribbons and cash prize awards, vendor's mall, quilting demonstrations, quilt give-away. Quilts to be entered in the show will be accepted at the Quilt Shoppe for several days prior to the show. Quilts will be accepted August, 23, 24, 25, and 26 from 10 a.m. until 4:00 p.m. at the Quilt Shoppe, 24 North Main St., Monticello, KY 42633 - Phone (606-340-0015)



Blended Braid Part 1 - September 20, 2023

Blended Braid Part 2 - October 18, 2023

Pattern & wedge ruler will be \$10 (\$5 for pattern & \$5 for ruler). Fabric requirements will be discussed at the end of August's class time.

Community Service Opportunity

Our local National Guard Unit is being deployed in the very near future. We need your help sewing Soldier Pillow Buddies for children whose parents are being deployed. All the materials are provided, we just need some helping hands. We need volunteers willing to: Sew, stuff pillows, iron, pin, etc. You don't have to have sewing skills to help. Please let us know if you can help with this community service project. Our project day will be Wednesday, October 11, 2023 at 10:00 a.m. in the Downstairs Meeting Room.

In-Stitches 2023-2024

Mark your calendars for the new 2023-2024 program year for In-Stitches. Sneak peek--tentative schedule. Needed books, rulers, etc. will be offered at classroom discounted price if you don't already have them and would like to purchase. We are VERY excited about our line up of classes for this new program year.



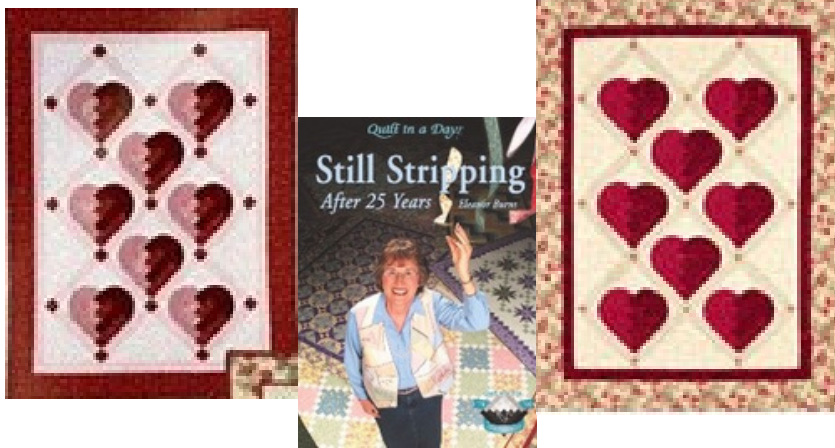
Blended Braid Part 1 – September 20, 2023

Blended Braid Part 2 – October 18, 2023



Northern Star – November 1, 2023

Sit & Sew – November 29, 2023



Still Stripping – Love the Log Cabin – January 24, 2024

Cabin – January 24, 2024



**Still Stripping – Nine Patch Party
February 21, 2024**



**Still Stripping – Cornerstones
March 20, 2024
Sit & Sew – March 22, 2024**



Radiant Star Quilt Week – April 8-12, 2024
A week dedicated to the Radiant Star.



**Still Stripping – Nine Patch & Stripe – Part I
May 15, 2024**
One pattern, two quilts.

"All I need today is a little bit of chocolate and a whole lot of fabric." - sewuber.com

Debbie Shepherd

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for Family & Consumer Sciences
DS/vm



Website:
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**Wayne County Cooperative Extension
Family and Consumer Sciences**

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