

Report to the People



Wayne County - 2022



*Front Row (L-R): Terry Bertram, Danny Adams, Lynn Slagle, Jeff Sutton, Glen Roberts, Seth Hart
Back Row (L-R): Joy McGinnis, Teresa Slagle, Vicki McDonald, Debbie Shepherd, Jerrena Chaplin,
Toni Humble, Sherry Coffey, Gaye Huchison*

We are unique since we have a large diverse staff that enhances our ability to engage in varied and expansive programming for our county.

We're part of the University of Kentucky and Kentucky State University off-campus information network. Let us connect you to UK, KSU and the world. We deliver information, education, and solutions. And we grow ideas into better communities, stronger local economies, and healthier lives.



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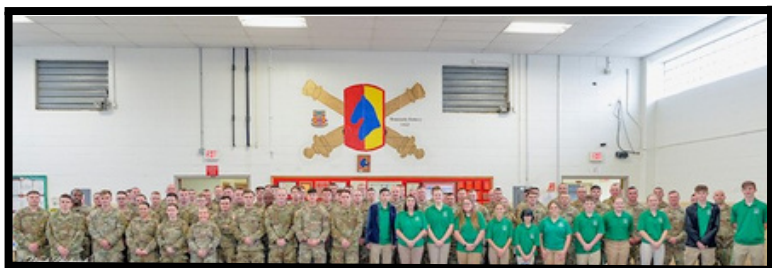
Mock Interviews



Mock Interview Participants

Toni Humble, 4-H Youth Development Agent, held mock interviews for 55 students in the JAG (Jobs for America's Graduates) Program at Wayne County High School. Students rotated between seven different stations with different employers. Each employer had a set of interview questions for the students to respond to as they rotated between the seven stations. The students had an etiquette lesson after the mock interviews, and the 4-H Ambassadors then served a business lunch to them. This event was the culmination of a year's worth of work. Throughout the school year, students learned about interview skills, how to apply for jobs, and different jobs available in the area. At the event, 25 businesses and organizations participated.

Military



National Guard Military Unit - Photo by Wade Upchurch

Wayne Co. 4-H Ambassadors proudly support our military families. Throughout the year, the 4-H program provides education information to members of the local national guard unit on varying topics from healthy eating to family communications each month during their drill weekends.

Each year, 4-H Ambassadors serve the holiday meal during their December drill trainings. The unit has approximately 80 soldiers from 25 counties in Kentucky and one from out of state. In addition to monthly information, 4-H assists during pre-deployment and post-deployment times.



4-H Ambassadors - Photo by Wade Upchurch

4-H Cloverbuds

The Wayne County 4-H Cloverbuds taught by Sherry Coffey, 4-H Program Assistant, is a great group of kids from ages 5-8 that enjoy learning about themselves and the world around them. They also learn to develop positive attitudes and positive relationships while learning about the 4-H Youth Development Program. One of the special community projects that they do every year is making placemats for the food tables at the local nursing home. The residents there always enjoy seeing the Cloverbuds come for a visit.



4-H Cloverbuds and 4-H Assistant, Sherry Coffey, visiting local nursing home.

In-Stitches Quilt Class

In-Stitches is a hands-on skill building group as well as a monthly informational newsletter. Approximately 45 Extension leaders and volunteers are actively engaged in hands-on educational sewing experiences on a monthly basis as well as additional learning opportunities throughout the program year. Leadership within this group also teach additional specialty classes. The monthly In-Stitches Newsletter reaches 216 households. Studies show these creative experiences have many benefits such as positive mental health, stress reduction, confidence building, and a creative outlet. It is also a source to network resources, information, and comradery of shared interests. Participants also utilize these creative experiences for financial rewards, giving items made as gifts or for sale. Leadership development is a key component of these creative experiences.



In-Stitches group sewing on quilt squares from Eleanor Burns "Quilts from El's Kitchen" book.

Feed America

Food insecurity in our county is real. According to Feed America stats, 18.7% of Wayne Countians are food insecure. To help supplement these families in Wayne County, Feed America Food Distribution is distributed monthly through the Steubenville Baptist Church Manna Project.

FCS Program Assistant, Joy McGinnis, provides UK Approved Food Safety and Nutritional publications along with recipes that are added to the food boxes distributed. Twelve hundred boxes are distributed monthly reaching over 2,978 household family members. Over 80 volunteers work several hours to make this mission possible.



Volunteers at Steubenville Baptist Church packing Feed America food boxes for distribution.

Cooking Thru the Calendar

Cooking Thru the Calendar was an interactive nutrition education program. Participants attended monthly meetings where recipes from U.K. NEP (Nutrition Education Program) calendar were demonstrated and taste tested. Each participant received a calendar that included all the recipes. Additional information on food safety, kitchen safety, meal planning, and budgeting monies for food were also provided. Creative, nutritious family-friendly recipes were key to this program. Participants reported utilizing recipes and other gained skills in their home kitchens.



Participants attending a Cooking Thru the Calendar class.

Fine Arts

The arts continue to thrive in Wayne County with therapeutic venues for our Homemakers, 4-Hers, and other public outlets. In addition to our traditional programs that feature sewing, quilting and various crafting mediums, other fine arts workshops taught by Community Arts Program Assistant, Seth Hart, continue to include pottery and barn quilt painting, which recognizes a heritage that also combines craftsmanship, artistry, and practical skills. Facilitated by Hart, the Happy Chippers Club (one of our newest Homemaker groups) is now offering woodworking from this unique list of creative outlets and our 4-H Art Club uses their opportunity to experiment with similar mediums as project entries that can be submitted for state and county fairs.



Community Arts Homemakers using carving techniques with router in Happy Chippers Club.

FFA Mock Speech

ANR Program Assistant, Terry Bertram, promoted Wayne County's Annual FFA Mock Speech night at the Wayne County Extension Office on January 26, 2023. This event provides a platform for FFA students to enhance their communication skills and gain confidence and self-esteem. Student speakers are expected to be in full FFA dress and to take advantage of how a regional speaking contest would look and feel. This event has grown into a very successful evening with participation on the rise over the last few years. Thirty-one chapter members.

along with junior and senior parliamentary procedure teams participated and will be competing in the Regional Competition at Campbellsville University on March 9, 2023.



FFA Mock Speech Contest Participants

Healthy Choices for Your Recovering Body

Alta Gaye Hutchison, EFNEP (Expanded Food and Nutrition Education Program) Assistant, worked with 74 families last year. She teaches at least seven required classes from Healthy Choices for Everybody Curricula for adults. She assisted with a state trial of Healthy Choices for Your Recovering Body. This curricula targets people in substance abuse recovery. 100% of adult participants made a positive change in food group choices. 93% showed improvement in one or more food safety practices. Also, 93% showed improvement in one or more food resource management practices. 72% made changes to be more physically active. The EFNEP Assistant held nutrition classes with 300+ children at the schools to introduce new foods and MyPlate-USDA recommended food groups and servings. The children must be taught at least six lessons. These adult and children contacts alone add up to at least 2300 direct teaching contacts per year.



Celebrating National Nutrition Month

Farm Day for Elementary School

Wayne County ANR Program Assistant, Terry Bertram, led an effort of extension office staff and many other local agriculture related organizations to conduct a Farm Day for pre-school and kindergarten classes in the local county school system and for students at Immanuel Academy. Students had an opportunity to interact with farm animals and exhibits of farming tools where they were able to get hands-on experience. We have done this for a few years with very positive feedback from the entire community. Our local FFA members were an integral part of the success of Farm Day providing labor and collecting animals and other items for the exhibits.



Elementary students participating in Farm Day.

Bringing Farm Day to Nursing Home

We were surprised to get a request from a local nursing home to put on a Farm Day for them. First, Glen Roberts was concerned that the volunteers might be too tired to add another event and at the end of the school year. Glen Roberts polled them, and they were very enthusiastic about having Farm Day for the nursing home residents. The FFA members really stepped up big to help deliver Farm Day modified to fit the nursing home residents, some of whom were in wheelchairs. The lady in the photo is Mrs. Audrey Stephens. One of the FFA members gave her a newborn goat to hold. Mrs. Stephens and Glen Roberts are life-long members of the same church. Glen Roberts grew a raised garden bed for her a few years until

Parkinson's affected her mobility to the point that she had to move into the nursing home. At the time of this photo, her speech had declined to a whisper, but neither she nor the goat moved for more than an hour. The joyful expression on her face and the positive reactions from other nursing home residents paid us back way more than our efforts to conduct Farm Day for them.



Nursing Home Resident holding a newborn goat.

KSU Handling Equipment

KSU handling equipment can be used by anyone needing assistance in catching and holding cattle. The head gate and corral panels can help with vaccinations and sorting of animals. There is no cost on using the equipment. Contact the Wayne County Extension Office or Danny Adams to schedule the equipment.



KSU Cattle Handling Equipment

NOTHING IS OUT OF REACH



Healthy Families. Healthy Homes. Healthy Communities

Extension At a Glance

- 485 People who collected soil samples for testing.
- 425 People who applied Extension recommendations for soil fertility.
- 187 Hours KEHA members volunteered for Extension activities and events.
- 2500 Hours KEHA members volunteered in Community activities and events.
- 71 Youth who participated in overnight , 4-H Summer Camp(s).
- 60 Youth who completed resumes or interviews through 4-H programs.
- 600 Youth who indicated they are interested in learning more about science, engineering, or technology projects.
- 125 Individuals who reported increased knowledge, skills, or intentions related to using the nutrition facts label.
- 300 Individuals who indicated that they purchased the fruits and vegetables featured on the Plate It Up! Kentucky Proud recipe card or sampling a recipe.
- 160 Cook Wild Kentucky recipe cards distributed.
- 250 Individuals who reported improve knowledge, opinions, skills, or aspirations regarding the safe storage, handling, preparation, and/or preservation of food.
- 600 People impacted by Advisory Councils, community organizations and other volunteers including County Ag Investment Program (CAIP), Chamber of Commerce Ag Committee, Farm Bureau, county fairs, festivals, etc.



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