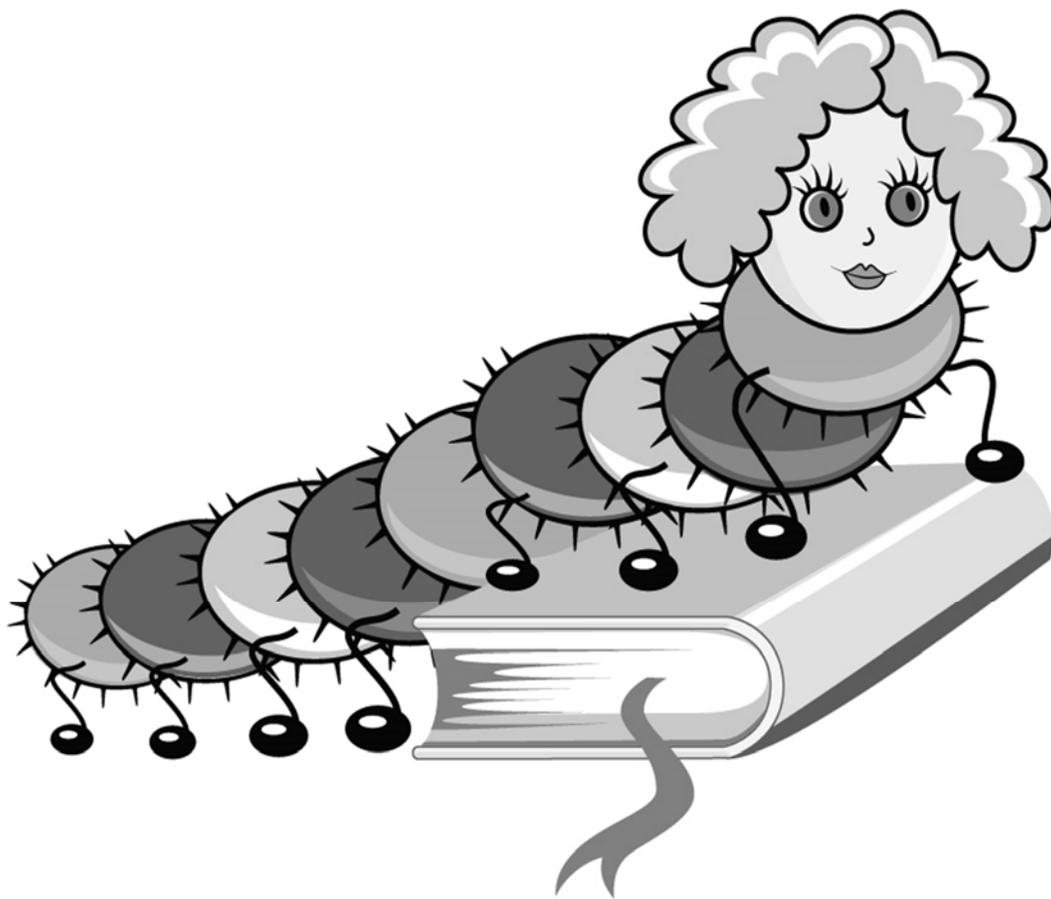


**Kentucky Extension
Homemakers Association
Cultural Arts and Heritage**



**BOOK LIST
2016 – 2017**

BOOK LIST 2016 - 2017

The KEHA Cultural Arts and Heritage program area annually sponsors a reading program. Extension Homemakers may participate by reading one book from six of these nine categories: the arts, biography, family and consumer sciences, fiction, history, Kentucky, religion and spirituality, travel and classics and old favorites. Keep a record of the books read and submit that record to the club Cultural Arts and Heritage chair. The club chair should forward that information to the County Chair or to the Extension Agent. Qualified readers may receive the Cultural Arts Reading Award Bookmark recognition at the county level.

This is only a suggested list. You may choose your own titles. Your local public librarian may have other suggestions. Local libraries usually belong to the Kentucky Library Network which allows individuals to borrow books from other libraries through interlibrary loan. If you cannot find the book you wish to read at your local library, ask about this service.

THE ARTS

The Art of the Con: the Most Notorious Fakes, Frauds, and Forgeries in the Art World. Amore, Anthony M. 2015. The stories of some of history's most notorious yet untold cons involve stolen art hidden for decades, elaborate ruses, and theft.

The LEGO Architect. Alphin, Tom. 2015. Learn about styles like Art Deco, Modernism and High-tech, and find inspiration in galleries of LEGO models. Then take your turn building 12 models in a variety of styles.

Southern Makers. Causey, Jennifer. 2013. The author visited four southern states to photograph and interview crafters, artists, and bakers. She visited with them in their studios, workshops, and kitchens. She interviewed them about their passion to do their craft and how they got started. Made photographs of the crafters working with their crafts. She documented them and their process. Inspiring book of crafters and their pride in their work.

BIOGRAPHY

Billie Holiday: the Musician and the Myth. Szwed, John F. 2015. When Billie Holiday stepped into Columbia's studios in November 1933, it marked the beginning of what is arguably the most remarkable and influential career in twentieth-century popular music.

Jack London: a Writer's Fight for a Better America. Tichi, Cecelia. 2015. In this major reinterpretation of London's career, Tichi examines how the beloved writer leveraged his written words as a force for the future.

Maggie Smith: a Biography. Coveney, Michael. 2015. No one does glamour, severity, girlish charm or tight-lipped witticism better than Dame Maggie Smith. Coveney's biography shines a light on the life and career of a truly remarkable performer.

Clementine: the Life of Mrs. Winston Churchill. Purnell, Sonia. 2015. Any real consideration of Winston Churchill is incomplete without an understanding of his relationship with his wife. *Clementine* is both the first real biography of this remarkable woman and a fascinating look inside their private world.

Henry Clay, America's Greatest Statesman. Unger, Harlow G. 2015. A compelling new biography of America's most powerful Speaker of the House, who held the divided nation together for three decades and who was Lincoln's guiding light.

Francis, Pope of Good Promise. Burns, Jimmy. 2015. The first detailed biography to include an analysis of Pope Francis's first year at the Vatican.

The Washingtons: George and Martha, "join'd by friendship, crown'd by love". Fraser, Flora. 2015. This is a remarkable story of a remarkable pair as well as a gripping narrative of the birth of a nation—a major, and vastly appealing, contribution to the literature of our founding fathers . . . and founding mother.

Find a Way. Nyad, Diana. 2015. In *Find a Way*, Diana engages us with a unique, passionate story of this heroic adventure and the extraordinary life experiences that have served to carve her unwavering spirit.

Frank & Ava: in Love and War. Brady, John Joseph. 2015. The love story of Frank Sinatra and Ava Gardner has never been fully explored or explained — until now. John Brady's *Frank & Ava* delves deeply into the lives of these two iconic stars and their turbulent lifelong relationship.

Andy and Don: the Making of a Friendship and a Classic American TV Show. De Visé, Daniel. 2015. A lively and revealing biography of Andy Griffith and Don Knotts, celebrating the powerful real-life friendship behind one of America's most iconic television programs.

The Boy on the Wooden Box: How the Impossible Became the Possible . . . on Schindler's List. Leyson, Leon. 2013 Told with an abundance of dignity and a remarkable lack of rancor and venom, *The Boy on the Wooden Box* is a legacy of hope, a memoir unlike anything you've ever read.

Rosemary: The Hidden Kennedy. Larson, Kate Clifford. 2015. They were the most prominent American family of the twentieth century. The daughter they secreted away made all the difference.

FAMILY AND CONSUMER SCIENCES

Foods and Nutrition

Cooking As Fast As I Can: a Chef's Story of Family, Food, and Forgiveness. Cora, Cat. 2015. Remarkably candid, compulsively readable, renowned chef Cat Cora's no-holds-barred memoir on Southern life, Greek heritage, same sex marriage, and the meals that have shaped her memories.

Tasty: the Art and Science of What We Eat. McQuaid, John. 2015. A fascinating and deeply researched investigation into the mysteries of flavor—from the first bite taken by our ancestors to scientific advances in taste and the current “foodie” revolution.

Lidia's Mastering the Art of Italian Cuisine: Everything You Need to Know to Be a Great Italian Cook. Bastianich, Lidia. 2015. From the Emmy-winning host of *Lidia's Kitchen*, best-selling author, and beloved ambassador for Italian culinary traditions in America comes the ultimate master class: a beautifully produced definitive guide to Italian cooking, coauthored with her daughter, Tanya—covering everything from ingredients to techniques to tools, plus more than 400 delectable recipes.

Three Many Cooks: One Mom, Two Daughters: Their Shared Stories of Food, Faith & Family. Anderson, Pam. 2015. When the women behind the popular blog Three Many Cooks gather in the busiest room in the house, there are *never* too many cooks in the kitchen. Now acclaimed cookbook author Pam Anderson and her daughters, Maggy Keet and Sharon Damelio, blend compelling reflections and well-loved recipes into one funny, candid, and irresistible book.

Clothing and Textiles

DIY T-Shirt Crafts: From Braided Bracelets to Floor Pillows, 50 Unexpected Ways to Recycle Your Old T-Shirts. Surian, Adrienne. 2015. Transform old T-shirts into trendy accessories--in 60 minutes or fewer.

Seams Unlikely. Zieman. 2014. This book is an autobiography about the life of Nancy Zieman. It explains her facial deformity, her struggles in life and her career. It gives you a better understanding of her business—Nancy's Notions.

The Forgotten Seamstress. Trenow, Liz. 2013. I love the way this book takes you back to the past and into the present. The author tells the story about a young naïve orphan girl that was a very good seamstress that got her a job in the Royal Palace and she falls in love and gets herself in a lot of trouble. This is when she started a quilt out of bits and pieces of material left over from sewing done for the royal family. This quilt was added as she started new chapters in her life. She went through all kinds of hardships in her life over her mistake. Then the author takes you into the present which intertwines with the past and the mystery of the quilt.

Family Life

A Buzz in the Meadow: the Natural History of a French Farm. Goulson, Dave. 2015. A conservationist's deeply personal and fascinating reflection on owning and revitalizing a farm in rural France.

The 13th Gift. Smith, Joanne Huist. 2014. This is a true story about the everyday miracles that can occur during the holiday season. It is a heartwarming reminder that with love, community, and family, even the most broken hearts can be mended.

The Magic Strings of Frankie Presto. Album, Mitch. 2015. Mitch Album creates his most unforgettable fictional character – Frankie Presto. In this magical novel about the greatest guitarist and the power of talent to change our lives.

Napkin Notes. Callaghan, Garth. 2014. A memoir by a cancer stricken man who decides he needs to share life's lessons with his young daughter. He begins writing napkin notes to include in her lunch. He has written 826 notes – enough to last her through high school.

Family Resource Management

The Financially Intelligent Parent: 8 Steps to Raising Successful, Generous, Responsible Children. Eileen Gallo and Jon Gallo. 2015. Behaviors of parents that assist families raise fiscally independent children.

Housing and Home Interiors

The Reason for Flowers: Their History, Culture, Biology, and How They Change Our Lives. Buchmann, Stephen L. 2015. Cultural history at its best—the engaging, lively, and definitive story of the beauty, sexuality, ecology, myths, lore, and economics of the world's flowers, written by a passionately devoted author and scientist, and illustrated with his stunning photographs.

The Crafted Garden: Stylish Projects Inspired by Nature. Curley, Louise. 2015. This book relies on home-grown and foraged plant material to open up the imagination and capture seasonality, whether that's to add a touch of individuality to a dinner party or for making the perfect housewarming gift.

Decorating For Real Life: The Shabby Nest's Guide to Beautiful Family Friendly Spaces. Hyde, Wendy W. 2014. Don't break the bank—create your own beautiful, unique, and livable space.

FICTION

Dog Crazy: A Novel of Love Lost and Found. Donohue, Meg. 2015. This bestselling author returns with an unforgettably poignant and funny tale of love and loss, confronting our fears, and moving on . . . with the help of a poodle, a mutt, and a Basset retriever named Seymour.

Rock With Wings. Hillerman, Anne H. 2015. The Navajo Tribal police solve a mystery on the reservation involving mysterious dirt and solar panels mixed with Native American culture.

Where All Light Tends To Go. Joy, David. 2015. Set in North Carolina's Appalachian Mountains, eighteen-year-old Jacob McNeely is torn between appeasing his meth-dealing kingpin father and leaving the mountains forever with the girl he loves.

Mademoiselle Chanel. Gortner, C.W. 2015. A reimagining of the life of iconic fashion designer Coco Chanel traces the development of her exceptional sewing skills in an orphanage, her transformation into a couturier, and the private struggles behind her subsequent fame.

Farmed and Dangerous. Maxwell, Edith. 2015. Quirky characters and lots of organic farming tips make this well-developed mystery even more interesting.

House Broken. Yoerg, Sonja. 2015. A poignant novel about a woman skilled at caring for animals who must learn to mend the broken relationships in her family.

The Sound of Glass. White, Karen. 2015. This *New York Times* bestselling author explores a Southern family's buried history, which will change the life of the woman who unearths it, secret by shattering secret.

It Happened One Wedding. James, Julie. 2015. A whirlwind wedding leads to unexpected love for the bride's commitment-shy sister.

The Cake Therapist. Fertig, Judith. 2015. This delicious treat for readers finds a pastry chef customizing her creations to help her customers celebrate love or overcome fears.

Those Secrets We Keep. Liebert, Emily. 2015. Three women...three secrets...will they find the change they need in a summer trip to Lake George?

One Plus One. Moyes, Jojo. (2014). A skillfully crafted characters meld together into an uncommonly good story about family, trust, and love as a single mom tries to get her daughter to a math competition in Aberdeen, Scotland.

Murder at the Brightwell. Weaver, Ashley. 2015. This classic English mystery follows Amory and her estranged husband, Milo, whose paths cross at a seaside resort where suspicious deaths have occurred.

It's You. Porter, Jane. 2015. A heartwarming story about finding love and strength, even in the darkest moments.

Forget Me Knot. Marks, Mary. 2014. Welcome to San Fernando Valley, California, where Martha Rose and her coterie of quilters are enjoying life on the good side of retirement—until murder pulls a stitch out of their plans.

The Flying Circus. Crandall, Susan. 2015. An adventure tale about two daredevils and a farm boy who embark on the journey of a lifetime across America's heartland in the Roaring Twenties.

After the Storm: A Kate Burkholder Novel. Castillo, Linda. 2015. When a tornado tears through Painters Mill and unearths human remains, Chief of Police Kate Burkholder finds herself tasked with the responsibility of identifying the bones--and notifying the family. Evidence quickly emerges that the death was no accident and Kate finds herself plunged into a thirty year old case that takes her deep into the Amish community to which she once belonged.

The First Wife. Spindler, Erica. 2015. A recently married woman suspects her husband was involved in the disappearance of his first wife.

Woman with a Gun. Margolin, Phillip. 2014. This compelling thriller, from *New York Times* bestseller Phillip Margolin, centers on an intriguing photograph that may contain long-hidden answers to the mystery of a millionaire's murder.

The Liar. Roberts, Nora. 2015. The man who took her from Tennessee to an exclusive Philadelphia suburb left her in crippling debt. He was an adulterer and a liar, and when Shelby tracks down his safe-deposit box, she finds multiple IDs. The man she loved wasn't just dead. He never really existed.

Hush. Robards, Karen. 2014. In New York Times bestselling author Karen Robards's latest heart-pounding thriller, a woman must uncover a murderer—or risk being the next victim of a vicious killer.

HISTORY

American Canopy: Trees, Forests, and the Making of a Nation. Rutkow, Eric. 2013. This book shows how much American history was shaped and defined by trees, and presents a testament to its continued political, cultural and environmental importance.

Mrs. Lincoln's Dressmaker. Chiaverini, Jennifer. 2013. Chiaverini writes a compelling historical novel telling the story of First Lady Mary Todd Lincoln and Elizabeth Hobbs Keckley, a former slave who became Mrs. Lincoln's seamstress and confidante during the Civil War era and many years beyond. (historical fiction)

The Nightengale. Hannah, Kristin. 2015. A story of France during the German occupation in World War II. It tells how two sisters respond to danger, suffering, brutality and deprivation with resistance and courage. It is also a love story. (historical fiction)

KENTUCKY

Kentucky by Design: the Decorative Arts and American Culture. Erika Doss, Jerrold Hirsch, Jean M. Burks: edited by Andrew Kelly. 2015. *Kentucky by Design* offers the first comprehensive examination of the objects from the Bluegrass State featured in this historic venture.

Kentucky Women: Their Lives and Times. Edited by Melissa A. McEuen and Thomas H. Appleton Jr. 2015. The essays highlight women whose aspirations, innovations, activism, and creativity illustrate Kentucky's role in political and social reform, education, health care, the arts, and cultural development.

My Old Kentucky Road Trip: Historic Destinations & Natural Wonders. Ludwick, Cameron M. 2015. Join native Kentuckians Cameron M. Ludwick and Blair Thomas Hess as they explore all the amazing and irreplaceable things that make the state one of a kind.

Bluegrass State of Mind. Brooks, Kathleen. 2013. The plot in this book is about a New York lawyer that went into hiding because she had seen a crime committed by some very prominent people that could put her life in danger. The author then takes the character into the state of Kentucky where she found her old teenage boyfriend to protect her and the romance rekindled again. Then it plunges into mystery that endangers her life again. It is definitely a book to keep you in suspense.

RELIGION AND SPIRITUALITY

Everybody's Got Something. Roberts, Robin. 2014. Following her mother's advice to "make your mess your message," Robin taught a nation of viewers that while it is true that we've all got something -- a medical crisis to face, aging parents to care for, heartbreak in all its many forms --- we've also all got something to give: hope, encouragement, a life-saving transplant or a spirit-saving embrace.

Devotion and Defiance: My Journey in Love, Faith and Politics. Shahid, Humaira Awais. 2014. An inspiring personal story by the most prominent Muslim woman activist and legislator for women's rights in Pakistan.

True and Constant Friends: Love and Inspiration from Our Grandmothers, Mothers, and Friends. Paul, Kelley. 2015. Feeling blessed to be one of seven friends who met and grew close in college-and looking forward to their celebration of a milestone birthday together. Kelley Paul wanted to know more about the women who were their first sources of love and inspiration, as her own grandmother and mother have been to her.

Small Victories: Spotting Improbable Moments of Grace. Lamott, Anne. 2014. Profound and hilarious, honest and unexpected, the stories in *Small Victories* are proof that the human spirit is irrepressible.

The Happy Christian: Ten Ways to be a Joyful Believer in a Gloomy World. Murray, David P. 2015. A unique combination of biblical teaching, scientific research, and personal biography shows those who follow Jesus how to live joyful, purposeful lives.

Coming Out Christian in the Roman World: How the Followers of Jesus Made a Place in Caesar's Empire. Boin, Douglas. 2015. The supposed collapse of Roman civilization is still lamented more than 1,500 years later-and intertwined with this idea is the notion that a fledgling religion, Christianity, went from a persecuted fringe movement to an irresistible force that toppled the empire.

A Call to Action: Women, Religion, Violence, and Power. Carter, Jimmy. 2014. Carter draws upon his own experiences and the testimony of courageous women from all regions and all major religions to demonstrate that women around the world, more than half of all human beings, are being denied equal rights. This is an informed and passionate charge about a devastating effect on economic prosperity and unconscionable human suffering.

Plain Faith: a True Amish Story. Eash, Ora Jay. 2014. This is the true story of Ora-Jay and Irene Eash, Amish farmers from northwest Montana whose lives changed in an instant when a semi-truck struck the family buggy, killing their two young daughters.

Miracles from Heaven: a little girl, her journey to Heaven, and her amazing story of healing. Beam, Christy. 2015. In a remarkable true story of faith and blessings, a mother tells of her sickly young daughter, how she survived a dangerous accident, her visit to Heaven and the inexplicable disappearance of the symptoms of her chronic disease.

TRAVEL

Around the World in 50 Years: My Adventure to Every Country on Earth. Podell, Albert. 2015. A remarkable and meaningful tale of quiet courage, dogged persistence, undying determination, and an uncanny ability to extricate himself from one perilous situation after another—and return with some of the most memorable, frightening, and hilarious adventure stories you have ever read.

Journeys Home: Inspiring Stories, Plus Tips and Strategies to Find Your Family History. McCarthy, Paul. 2015. Addressing the explosive growth in ancestral travel, this compelling narrative combines intriguing tales of discovery with tips on how to begin your own explorations.

Deep South: Four Seasons on Back Roads. Theroux, Paul. 2015. Theroux talks to mayors and social workers, writers and reverends, the working poor and farming families — the unsung heroes of the south, the people who, despite it all, never left, and also those who returned home to rebuild a place they could never live without.

Border Odyssey: Travels along the US/Mexico Divide. Thompson, Charles D. 2015. *Border Odyssey* takes us on a drive toward understanding the U.S./Mexico divide: all 1,969 miles—from Boca Chica to Tijuana—pressing on with the useful fiction of a map.

Red River Gorge - My Second Home. Snell, John W. 2015. Coffee-table book featuring the dramatic landscape, vibrant scenery and rich foliage of eastern Kentucky's Red River Gorge area.

Iconic London. Hadleigh-Sparks, Simon. 2015. A pictorial journey through one of the most iconic cities in the world with unusual and rare style photography. The London you have never seen before.

The Illustrated Route 66 Historical Atlas. Hinckley, Jim. 2014. In this unprecedented volume, prolific Route 66 author Jim Hinckley presents an illustrated Route 66 atlas that explores the road's history from its inception into the present day.

Lost Restaurants of Louisville (American Palate). Hacker, Stephen. 2015. Authors Stephen Hacker and Michelle Turner revisit the vivid personalities, celebrated spaces and unique recipes that made Louisville's historic eateries unforgettable.

Kentucky off the Beaten Path®: A Guide to Unique Places (Off the Beaten Path Series). Strecker, Zoe. 2015. Tired of the same old tourist traps? Whether you're a visitor or a local looking for something different, let Kentucky off the Beaten Path show you the Bluegrass State you never knew existed.

The Kentucky Wildcats Fans' Bucket List. Clark, Ryan. And Cox, Joe. 2015. The essential collection of activities and experiences for all Wildcats fanatics even the most die-hard Wildcats fans haven't done everything there is to experience in and around Lexington.

CLASSICS AND OLD FAVORITES

To Kill a Mockingbird. Lee, Harper. 1960. A gripping, heart-wrenching, and wholly remarkable tale of coming-of-age in a South poisoned by virulent prejudice, it views a world of great beauty and savage inequities through the eyes of a young girl, as her father—a crusading local lawyer—risks everything to defend a black man unjustly accused of a terrible crime.

The Diary of a Young Girl. Frank, Anne. 1955. Discovered in the attic in which she spent the last years of her life, Anne Frank's remarkable diary has since become a world classic—a powerful reminder of the horrors of war and an eloquent testament to the human spirit.

Little House on the Prairie. Wilder, Laura Ingalls. 1953. A dramatic, gripping story of a young pioneer family's struggle to build a new life for themselves on the American frontier of the 1870s.

The Dollmaker. Arnow, Harriette Simpson. 1954. When Gertie Nevels, a strong and self-reliant matriarch, follows her husband to Detroit from their countryside home in Kentucky, she learns she will have to fight desperately to keep her family together.

In Country. Mason, Bobbie Ann. 1985. In the summer of 1984, the war in Vietnam came home to Sam Hughes, whose father was killed there before she was born. The soldier-boy in the picture never changed. In a way that made him dependable. But he seemed so innocent. "Astronauts have been to the moon," she blurted out to the picture. "You missed Watergate. I was in the second grade."

Julie of the Wolves. George, Jean Craighead. 1972. To her small Eskimo village, she is known as Miyax; to her friend in San Francisco, she is Julie. When her life in the village becomes dangerous, Miyax runs away, only to find herself lost in the Alaskan wilderness. Miyax tries to survive by copying the ways of a pack of wolves and soon grows to love her new wolf family. Life in the wilderness is a struggle, but when she finds her way back to civilization, Miyax is torn between her old and new lives. Is she Miyax of the Eskimos—or Julie of the wolves?

Riders of the Purple Sage. Grey, Zane. 1912. This author caught your attention with this inspiring story of a woman with a very strong Mormon faith. All through the book the character is fighting within herself what is right and wrong and still stay true to her faith. Her friendship with a man that wanted to destroy her elders of faith ended up much more than she had wanted to admit. Her strong faith made a change when she discovered the elders of the Mormon faith was the very ones that was trying to destroy her and her inheritance since her father had died.

Thank you to the following for their contribution to this list:

- **Patti Burnside, Assistant Director; Adult Services Librarian, Scott County Public Library**
- **Cindy Cassidy, Metcalfe County Public Library**
- **Kim Henken, KEHA State Advisor**
- **Jennifer Gibson, Staff Assistant**
- **Ann Whitmer, Muhlenberg County**
- **Connee Wheeler, Senior Extension Associate for Family and Consumer Sciences, University of Kentucky**

Connee Wheeler, Extension Associate
Advisor to KEHA Cultural Arts and Heritage Chairman
University of Kentucky
Cooperative Extension Service

June 2016



Kentucky Extension Homemakers Association

Cultural Arts and Heritage — Reading List

Please help compile the 2017 to 2018 KEHA Book List by suggesting good, well written books, published in the past 3 years. Books should be submitted from the following categories:

- Arts
- Biography
- Family and Consumer Sciences
- Fiction
- History
- Kentucky
- Religion and Spirituality
- Travel
- Classics and Old Favorites (may be older than 3 years)

We need the following information (use a separate sheet for each book):

Name of Book –

Category (from list above) –

Author –

Short Description (3 or 4 sentences; use back if necessary) –

Submit no later than January 15, 2017, to:

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